29th Annual Symposium on women’s health
Tuesday 3 December 2019

Cavendish Conference Centre,
22 Duchess Mews, Marylebone,
London W1G 9DT

CPD/CME 6 hours
About BMS and WHC

For healthcare professionals
The British Menopause Society (BMS), established in 1989, educates, informs and guides healthcare professionals in all aspects of post reproductive health.

This is achieved through an annual programme of lectures, conferences, meetings, exhibitions and our interactive website. We offer a range of publications including our quarterly journal *Post Reproductive Health* and the definitive handbook *Management of the Menopause*.

For patients
Women’s Health Concern (WHC), the patient arm of the BMS, provides an independent service to advise, reassure and educate women of all ages about their gynaecological and sexual health, wellbeing and lifestyle concerns.

WHC offers unbiased information – by telephone, email, printed fact sheets, online and through symposia, seminars, meetings and workshops, including *Living and loving well beyond 40…!*

Our Mission
• To increase awareness of post reproductive healthcare issues
• To promote optimal management through our educational programme, publications and information dissemination

The challenge of post reproductive health is increasing. As most British women can expect to live for thirty years or more beyond menopause, the consequences for immediate and longer term healthcare and lifestyle are significant.

Affiliations
The British Menopause Society is a specialist society affiliated to the Royal College of Obstetricians and Gynaecologists and the Faculty of Sexual and Reproductive Healthcare. Working together we have developed theoretical and practical training modules aimed at those healthcare professionals who regularly work in the field of women’s health.

British Menopause Society membership is open to healthcare professionals and others specialising in post reproductive health.
Speakers/Facilitators

Kathy Abernethy
Chairman – British Menopause Society; Associate Director and Senior Nurse Specialist, Menopause Clinical & Research Unit, North West London Hospitals NHS Trust, Northwick Park Hospital, Harrow, Middlesex

Mrs Claire Bellone
Nurse Consultant, Menopause and PMS Service, Chelsea & Westminster Hospital, London

Dr Heather Currie
Trustee– British Menopause Society; Associate Specialist Gynaecologist & Obstetrician Dumfries & Galloway Royal Infirmary, Dumfries

Professor Anthony Howell
Professor of Medical Oncology and Research Director, Prevent Breast Cancer, Nightingale Breast Screening Centre, Manchester University NHS Foundation Trust

Mr Haitham Hamoda
Chairman Elect and Trustee – British Menopause Society; Consultant Gynaecologist, Subspecialist in Reproductive Medicine and Surgery, King’s College Hospital, London

Elaine Monaghan
Police Constable, Greater Manchester Police

Dr John Stevenson
Chairman – Women’s Health Concern; Trustee – British Menopause Society; Consultant Physician & Endocrinologist, Royal Brompton Hospital and Reader in Metabolic Medicine, Imperial College London,

Clara Williams
Chief Inspector, Greater Manchester Police

There will be a Medical Exhibition running throughout the day featuring leading pharmaceutical and healthcare companies.

Contact us for sponsorship opportunities (see back page).
Programme

29th Annual Symposium on women’s health
Tuesday 3 December 2019, Cavendish Conference Centre, London

0915  Registration, exhibition & coffee

0945  Welcome and introduction
Chairman: Dr John Stevenson
Chairman – Women’s Health Concern; Trustee – British Menopause Society;
Consultant Physician & Endocrinologist, Royal Brompton Hospital and Reader
in Metabolic Medicine, Imperial College London

0955  Contraception for the over 40s
Mrs Claire Bellone
Nurse Consultant, Menopause and PMS Service, Chelsea & Westminster Hospital, London

1030  Prevention of postmenopausal osteoporosis
Dr John Stevenson

1110  Refreshments and exhibition

1140  Gerald Swyer* Memorial Lecture
Chairman: Dr John Stevenson

Menopause – a workplace issue?
Kathy Abernethy
Chairman and Trustee – British Menopause Society; Associate Director and Senior Nurse
Specialist, Menopause Clinical & Research Unit, North West London Hospitals NHS Trust,
Northwick Park Hospital, Harrow, Middlesex

1225  Menopause in the workplace and policing
Chief Inspector Clara Williams and PC Elaine Monaghan
Greater Manchester Police

* The late Dr Gerald Swyer was internationally recognised for his early work on the development of the contraceptive pill;
the first endocrine and fertility clinics in London; and his pioneering research on hormone replacement therapy. He was
chairman of Women’s Health Concern from 1980 until 1993, when Dr John Stevenson succeeded him. The Dr Gerald Swyer
Memorial Fund was set up in 1995 as a lasting tribute to him.
1255  Lunch and exhibition

1355  Managing Vulvo Vaginal Atrophy (VVA) without hormones  
Supported by Shionogi

1425  Management of women at high risk of breast cancer
Professor Anthony Howell
Professor of Medical Oncology and Research Director, Prevent Breast Cancer,  
Nightingale Breast Screening Centre, Manchester University NHS Foundation Trust

1505  Refreshments and exhibition

1535  Testosterone for women – when and how?
Dr Heather Currie
Associate Specialist Gynaecologist & Obstetrician, Dumfries & Galloway Royal Infirmary;  
Immediate Past Chairman and Trustee – British Menopause Society

1610  Clinical conundrums – a practical session, comprising case study reviews and a Q&A with our panel of women’s health specialists
Facilitators:
Kathy Abernethy  
Dr Heather Currie  
Mr Haitham Hamoda
Chairman Elect and Trustee – British Menopause Society; Consultant Gynaecologist,  
Subspecialist in Reproductive Medicine and Surgery, King’s College Hospital, London  
Dr John Stevenson

1655  Final remarks and close
Dr John Stevenson

Please note, sessions and speakers may be subject to change. This meeting is financially supported in part by the pharmaceutical industry through sponsorship but it has no influence over the meeting programme.
Meeting information

Who should attend?
GPs, clinic doctors, gynaecologists, specialist and practice nurses, SRH specialists, trainees and anyone allied to the health profession with an interest in women’s health.

Certificate of attendance
A certificate of attendance will be issued electronically to all delegates after the symposium. The symposium carries 6 CPD/CME credits.

Exhibition
A medical exhibition, including leading pharmaceutical and healthcare companies, will take place throughout the Symposium.

Venue
Cavendish Conference Centre
22 Duchess Mews
London
W1G 9DT

Travel
Underground: the nearest tube stations are Great Portland Street, Regent’s Park and Oxford Circus served by the following lines: Metropolitan, Circle, Hammersmith & City, Bakerloo, Victoria and Central.

Mainline: Marylebone, Euston and Kings Cross
St Pancras Stations are all within 10 minute taxi rides or alternatively 15 minutes by Underground. Paddington Station (which has a direct link to Heathrow every 15 minutes) is 20 minutes’ walk or 10 minutes in a taxi.

Car parking: On street Pay & Display parking is available outside the Conference Centre, otherwise the following NCP Car Parks are all within 5 minutes’ walk of the venue – Weymouth Mews, Chandos Street, Cavendish Square. Blue Badge Parking spaces are also available. Please note that this venue is within the Congestion Charge Zone.

Accommodation
A list of nearby hotels is available on request.

Registration
Register via secure online transaction at:
www.womens-health-concern.org/symposium

Postal registration
Please complete the registration form and return it with your credit/debit card details or a cheque made payable to:
British Menopause Society Limited

Women’s Health Concern
29th Annual Symposium
Spracklen House, East Wing, Dukes Place,
Marlow, Bucks, SL7 2QH United Kingdom

Terms and conditions
All fees must be paid in full, and a registration form completed before the meeting. WHC reserves the right to refuse admission in the event of non-payment.

If you register on the day of the symposium, please note we can only accept payment by cash or credit/debit card (no cheques or invoices). Delegate places are only guaranteed upon receipt of a completed registration form and registration fee.

All cancellations must be received in writing. It is the responsibility of the delegate to ensure that WHC has been notified a minimum of 30 days before the symposium. Name substitutions can be made at any time without charge.

Refunds for cancellations will only be given up to 30 days before the symposium start date and will incur a £30 administration charge.
No refund will be made for non-attendance. In the event WHC cancels the meeting, liability will be limited to registration fees already paid.

Further information
www.womens-health-concern.org/symposium
Email: admin@bms-whc.org.uk
Telephone: +44 (0)1628 890 199
Registration form

Register online at www.womens-health-concern.org/symposium or complete the form below.

Name (and title)

Telephone number

Email address

Occupation

Doctor (GP) [ ] Doctor (Hospital) [ ] Consultant [ ]
Nurse [ ] Trainee healthcare professional [ ] Pharmacist [ ]
Industry [ ] Allied healthcare professional [ ] Affiliate [ ]

Organisation

Work address

Special dietary requirements

Trainees only – tutor’s email address

Would you like to receive email updates about WHC and BMS educational courses and other activities? (not applicable to BMS members).

YES [ ] NO [ ]

Are you happy for your details to be passed to the exhibitors and others supporting this meeting? (full details available on the WHC website).

By telephone [ ] By post [ ] By email [ ]

Payment

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<thead>
<tr>
<th>Occupation</th>
<th>BMS Member</th>
<th>Non BMS Member</th>
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<tbody>
<tr>
<td>General Practitioners / Hospital Doctors / Consultants / Others</td>
<td>£185 [ ]</td>
<td>£230 [ ]</td>
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<tr>
<td>Nurses / Trainee HCPs / Allied HCPs / Affiliates</td>
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Payment by cheque: I enclose payment of £ ______ by cheque made payable to:
British Menopause Society Limited

Payment by credit or debit card: I would like to pay by: Visa | Mastercard (Please circle)

Number [ ] [ ] [ ] [ ] [ ] [ ] Expiry date [ ] [ ] [ ] [ ] Security code* [ ] [ ] [ ]

* This is the 3 digit code in the signature area on the back of your card.

Credit/debit card receipts/statements will show ‘British Menopause Society’ our parent charity.

Please complete this form and return to:
Women’s Health Concern, Spracklen House, East Wing, Dukes Place, Marlow, Bucks, UK, SL7 2QH
2018 symposium feedback

“Thank you for a well balanced day with such a fine group of expert speakers.”

“I would attend annually, excellent update.”


“Very informative, evidence based day.”

“Best meeting I have been to in years. Thank you.”

“Excellent topics to discuss. Very enjoyable day. Good networking.”

“Thanks for a really good day!”

Sponsorship & exhibitor opportunities

There is a medical exhibition integral to this symposium and other sponsorship opportunities are available.

These range from keynote lecture sponsorship to delegate bag inserts.

For details of packages or to discuss a tailored package call the WHC team:
01628 890199
or email
admin@bms-whc.org.uk

Women’s Health Concern

Spracklen House
East Wing
Dukes Place
Marlow
Bucks SL7 2QH
United Kingdom

Telephone: 01628 890199
Website: www.womens-health-concern.org
Email: admin@bms-whc.org.uk

Women’s Health Concern is the patient arm of the British Menopause Society
Registered Charity No. 279651