28th Annual Symposium on women’s health
Tuesday 4 December 2018

The Royal College of Obstetricians & Gynaecologists
Regent’s Park, London NW1 4RG

Women’s Health Concern is the patient arm of the British Menopause Society
About BMS and WHC

The British Menopause Society (BMS), established in 1989, provides education, information and guidance to healthcare professionals specialising in all aspects of post reproductive health.

This is achieved through an annual programme of lectures, conferences, meetings, exhibitions and our interactive website. We offer a range of publications including our quarterly journal *Post Reproductive Health* and the definitive handbook *Management of the Menopause*.

Women’s Health Concern (WHC), the patient arm of the BMS, provides an independent service to advise, reassure and educate women of all ages about their gynaecological and sexual health, wellbeing and lifestyle concerns.

WHC offers unbiased information – by telephone, email, printed fact sheets, online and through symposia, seminars, meetings and workshops, including *Living and loving well beyond 40…!*

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**Our Mission**

- To increase awareness of post reproductive healthcare issues
- To promote optimal management through our educational programme, publications and information dissemination

The challenge of post reproductive health is increasing. As most British women can expect to live for thirty years or more beyond menopause, the consequences for immediate and longer term healthcare and lifestyle are significant.

**Affiliations**

The British Menopause Society is a specialist society affiliated to the Royal College of Obstetricians and Gynaecologists and the Faculty of Sexual and Reproductive Healthcare. Working together we have developed theoretical and practical training modules aimed at those healthcare professionals who regularly work in the field of women’s health.

British Menopause Society membership is open to healthcare professionals and others specialising in post reproductive health.
Speakers/Facilitators

Kathy Abernethy
Chairman – the British Menopause Society, Associate Director and Senior Nurse Specialist, Menopause Clinical & Research Unit, North West London Hospitals NHS Trust, Northwick Park Hospital, Harrow, Middlesex

Mr Nick Panay
Consultant Gynaecologist, Queen Charlotte’s and Chelsea & Westminster Hospital, London, Trustee – the British Menopause Society. International Menopause Society Board Member and former Editor-in Chief Climacteric, the journal of the IMS

Dr Heather Currie
Trustee – the British Menopause Society, Associate Specialist Gynaecologist & Obstetrician Dumfries & Galloway Royal Infirmary, Dumfries

Miss Joan Pitkin
Reader Imperial College, Trustee – the British Menopause Society and the Daisy Network

Ms Claudine Domoney
Consultant Obstetrician & Gynaecologist, Chelsea & Westminster Hospital, London

Mrs Elaine Stephens
Senior Menopause Specialist Nurse, Birmingham Women’s Hospital Administrator, West Midlands Menopause Society

Professor Anne MacGregor
Associate Specialist in Sexual & Reproductive Health, Barts Sexual Health Centre, Barts Health NHS Trust, London, Member – the British Menopause Society medical advisory council

Dr John Stevenson
Consultant Physician & Endocrinologist, Royal Brompton Hospital and Reader in Metabolic Medicine, Imperial College London, Chairman – Women’s Health Concern, Trustee – the British Menopause Society

Professor Usha Menon
Professor of Gynaecological Cancer, University College London (UCL) Elizabeth Garrett Anderson Institute of Women’s Health and Consultant Gynaecologist, UCL Health NHS Trust, London

Dr Jane Woyka
GP Associate Specialist, Menopause Unit, Northwick Park and St Mark’s Hospital, Harrow

Mr Edward Morris
Consultant Gynaecologist, Norfolk & Norwich University Hospital, Vice President for Clinical Quality – Royal College of Obstetricians & Gynaecologists, Trustee – the British Menopause Society

There will be a Medical Exhibition running throughout the day featuring leading pharmaceutical and healthcare companies.

Contact us for sponsorship opportunities (see back page).
Programme

28th Annual Symposium on women’s health
Tuesday 4 December 2018, Royal College of Obstetricians and Gynaecologists

0915  Registration, exhibition & coffee

0945  Welcome and introduction
Chairman: Dr John Stevenson
Consultant Physician & Endocrinologist, Royal Brompton Hospital and Reader in Metabolic Medicine, Imperial College London, Chairman – Women’s Health Concern, Trustee – the British Menopause Society

0955  Hormones and Migraine
Professor Anne MacGregor
Associate Specialist in Sexual & Reproductive Health, Barts Sexual Health Centre, Barts Health NHS Trust, London, Member – the British Menopause Society medical advisory council

1030  Bioidenticals – The truth about ‘natural’ HRT
Mr Nick Panay
Consultant Gynaecologist, Queen Charlotte’s and Chelsea & Westminster Hospital, London, Trustee – the British Menopause Society. International Menopause Society Board Member and former Editor-in Chief *Climacteric*, the journal of the IMS

1105  Refreshments and exhibition

1135  Women’s Health Café
A practical 90-minute session, comprising hands-on group work and case studies
Facilitators:
Kathy Abernethy Chairman – the British Menopause Society, Associate Director and Senior Nurse Specialist, Menopause Clinical &Research Unit, North West London Hospitals NHS Trust, Northwick Park Hospital, Harrow, Middlesex
Dr Heather Currie Trustee – the British Menopause Society, Associate Specialist Gynaecologist & Obstetrician Dumfries & Galloway Royal Infirmary, Dumfries
Mrs Elaine Stephens Senior Menopause Specialist Nurse, Birmingham Women’s Hospital, Administrator – West Midlands Menopause Society
Dr Jane Woyka GP Associate Specialist, Northwick Park Hospital Menopause Clinic and Harrow Health Care Centre
1305  Lunch and exhibition

1405  Gerald Swyer* Memorial Lecture
Chairman: Dr John Stevenson

Premature Ovarian Insufficiency: Today’s Pandora’s Box
Miss Joan Pitkin
Reader Imperial College, Trustee – the British Menopause Society and the Daisy Network

1445  The Pamela Todd Lecture†
Screening for gynaecological cancers – What is the evidence?
Professor Usha Menon
Professor of Gynaecological Cancer, University College London (UCL) Elizabeth Garrett Anderson Institute of Women’s Health and Consultant Gynaecologist, UCL Health NHS Trust, London

1520  Refreshments and exhibition

1550  NICE: Endometriosis, Diagnosis & Management – from Guideline to Practice
Mr Edward Morris
Consultant Gynaecologist, Norfolk & Norwich University Hospital, Vice President for Clinical Quality – Royal College of Obstetricians & Gynaecologists, Trustee – the British Menopause Society

1625  The mind and the pelvis
Ms Claudine Domoney
Consultant Obstetrician & Gynaecologist, Chelsea & Westminster Hospital, London

1655  Final remarks and close
Dr John Stevenson

Please note, sessions and speakers may be subject to change. This meeting is financially supported in part by the pharmaceutical industry through sponsorship but it has no influence over the meeting programme.

* The late Dr Gerald Swyer was internationally recognised for his early work on the development of the contraceptive pill; the first endocrine and fertility clinics in London; and his pioneering research on hormone replacement therapy. He was chairman of Women’s Health Concern from 1980 until 1993, when Dr John Stevenson succeeded him. The Dr Gerald Swyer Memorial Fund was set up in 1995 as a lasting tribute to him.

† We acknowledge with gratitude the support for Women’s Health Concern from Dr Pamela Todd (1968-2017). Her generous bequest to our Charity will be directed towards the professional development of General Practitioners, especially in the diagnosis and treatment of Primary Peritoneal Cancer (PPC).
Meeting information

Who should attend?
GPs, clinic doctors, gynaecologists, trainees, specialist and practice nurses and anyone allied to the health profession with an interest in women’s health.

Venue
Royal College of Obstetricians & Gynaecologists, 27 Sussex Place, Regent’s Park, London NW1 4RG

Travel
Underground: nearest tube station is Baker Street, served by the following lines: Metropolitan, Jubilee, Circle, Bakerloo, Hammersmith & City.

Mainline: Marylebone rail station is a 10-minute walk. Also close by are Paddington, Euston, King’s Cross and St Pancras stations.

Buses: Routes 13, 82, 113, 139, 189 and 274 serve the area.

Car parking: NCP car parking is available at Park Road (24-hour). Short-stay metered parking on Regent’s Park Outer Circle.

Accommodation
A list of nearby hotels is available on request.

Exhibition
There will be a Medical Exhibition running alongside the meeting. See outside back cover.

Certificate of attendance
A certificate of attendance will be issued electronically to all delegates after the symposium. The symposium carries 6 CPD/CME credits.

Registration
Register via secure online transaction at: www.womens-health-concern.org/symposium

Postal registration
Please complete the registration form and return it with your credit/debit card details or a cheque made payable to: British Menopause Society Limited

Women’s Health Concern
28th Annual Symposium
Spracklen House, East Wing, Dukes Place, Marlow, Bucks SL7 2QH United Kingdom

Further information
www.womens-health-concern.org/symposium
Email: admin@bms-whc.org.uk
Telephone: +44 (0)1628 890 199

Terms and conditions
All fees must be paid in full, and a registration form completed before the meeting. WHC reserves the right to refuse admission in the event of non-payment.

If you register on the day of the symposium, please note we can only accept payment by cash or credit/debit card (no cheques or invoices). Delegate places are only guaranteed upon receipt of a completed registration form and registration fee.

All cancellations must be received in writing. It is the responsibility of the delegate to ensure that the BMS has been notified a minimum of 30 days before the symposium. Name substitutions can be made at any time without charge.

Refunds for cancellations will only be given up to 30 days before the symposium start date and will incur a £30 administration charge. No refund will be made for non-attendance. In the event WHC cancels the meeting, liability will be limited to registration fees already paid.
Registration form

Register online at www.womens-health-concern.org/symposium or complete the form below.

Name (and title)

Telephone number

Email address

Occupation

<table>
<thead>
<tr>
<th>Doctor (GP)</th>
<th>Doctor (Hospital)</th>
<th>Consultant</th>
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<tbody>
<tr>
<td>Nurse (Practice)</td>
<td>Nurse (Specialist)</td>
<td>Trainee health professional</td>
</tr>
<tr>
<td>Industry</td>
<td>Pharmacist</td>
<td>Other (please specify below)</td>
</tr>
</tbody>
</table>

Organisation

Work address

Special dietary requirements

Trainees only – tutor’s email address

Would you like to receive email updates about WHC and BMS educational courses and other activities? (not applicable to BMS members).

Are you happy for your details to be passed to the exhibitors and others supporting this meeting? (full details available on the WHC website).

Method of payment

<table>
<thead>
<tr>
<th>General Practitioners / Clinic Doctors / Hospital Doctors</th>
<th>BMS Member</th>
<th>Non BMS Member</th>
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<tr>
<td></td>
<td>£185</td>
<td>£230</td>
</tr>
<tr>
<td>Nurses / Trainees</td>
<td>£100</td>
<td>£130</td>
</tr>
</tbody>
</table>

Payment by cheque: I enclose payment of £ _______ by cheque made payable to:

British Menopause Society Limited

Payment by credit or debit card: I would like to pay by: Visa | Mastercard | Amex (Please circle)

Number ☐☐☐☐☐☐ ☐☐☐☐☐☐ ☐☐☐☐☐☐ ☐☐☐☐☐☐
Expiry date ☐☐☐☐☐☐ ☐☐☐☐☐☐ Security code* ☐☐☐☐☐☐

* This is the 3 digit code in the signature area on the back of your card (or 4 digit for Amex on the front of card).

Credit/debit card receipts/statements will show ‘British Menopause Society’ our parent charity.

Please complete this form and return to:

Women’s Health Concern, Spracklen House, East Wing, Dukes Place, Marlow, Bucks, UK, SL7 2QH
2017 symposium feedback

“Excellent meeting. Thank you for all your work. Loved the variety of topics.”

“Women’s Health Café was fantastic. Good networking.”

“Women’s Health Café – excellent group interaction and lots of interesting discussions and facts shared.”

“Really enjoyable day – so relevant to practice.”

“Love this day – really inspiring.”

“Positive and enjoyable useful learning experience. Thank you.”

“As always very good speakers and very relevant topics.”

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Sponsorship & exhibitor opportunities

There is a medical exhibition integral to this symposium and other sponsorship opportunities are available.

These range from keynote lecture sponsorship to delegate bag inserts to sponsored breakout sessions.

For details of packages or to discuss a tailored package call the WHC team:

01628 890199
or email
admin@bms-whc.org.uk

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Telephone: 01628 890199
Website: www.womens-health-concern.org
Email: admin@bms-whc.org.uk

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