Programme

27th Annual Symposium on women’s health
Friday 1 December 2017, Royal College of Obstetricians and Gynaecologists

0915  Registration, exhibition & coffee

0945  Welcome and introduction
Sara Moger
CEO, British Menopause Society

Chairman: Dr John Stevenson
Consultant Physician and Endocrinologist, Royal Brompton Hospital and Reader in Metabolic Medicine at Imperial College London

0955  Vulval symptoms – a practical approach to the patient
Dr Fiona Lewis
Consultant Dermatologist, St John’s Institute of Dermatology, Guy’s & St Thomas’ NHS Trust, London and Frimley Health NHS Trust, Wexham Park

1030  Dietary advice for women that actually works
Nigel Denby
Dietitian, WomanKind Healthcare, London

1105  Refreshments and exhibition

1130  Cognitive Behaviour Therapy
Professor Myra S Hunter
Emeritus Professor of Clinical Health Psychology, Institute of Psychiatry, Psychology and Neuroscience, King’s College, London

1205  Familial breast and ovarian cancers: the impact of hormones
Dr Jude Hayward
GPwSI in Genetic, the Yorkshire Regional Genetics Service, Leeds
1240 **Lunch and exhibition**

1340 **Women’s Health Café:**
A practical 90-minute session, comprising hands-on group work and case studies
Facilitators:
**Kathy Abernethy** Chairman, British Menopause Society, Associate Director and Senior Nurse Specialist, Menopause Clinical & Research Unit, North West London Hospitals NHS Trust, Northwick Park Hospital, Harrow, Middlesex
**Dr Heather Currie** Associate Specialist Gynaecologist & Obstetrician Dumfries & Galloway Royal Infirmary, Dumfries
**Mrs Elaine Stephens** Senior Menopause Specialist Nurse, Birmingham Women’s Hospital; Administrator, West Midlands Menopause Society
**Dr Jane Woyka** GP Associate Specialist, Menopause Unit, Northwick Park and St Mark’s Hospital, Harrow

1510 **Refreshments and exhibition**

1535 **Women’s health: a view from the quarterdeck**
*Surgeon Lieutenant Commander Tom Stevenson Royal Navy*
Orthopaedic Registrar, Institute of Naval Medicine, Gosport

1605 **Gerald Swyer Memorial Lecture**
Chairman: **Mr Tim Hillard**
Consultant Gynaecologist, Poole Hospital NHS Trust

**Back to the future with HRT**
**Dr John Stevenson**

1640 **Final remarks and close**
**Dr John Stevenson**

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*Please note, sessions and speakers may be subject to change. This meeting is financially supported in part by the pharmaceutical industry through sponsorship but it has no influence over the meeting agenda.*

*The late Dr Gerald Swyer was internationally recognised for his early work on the development of the contraceptive pill; the first endocrine and fertility clinics in London; and his pioneering research on hormone replacement therapy. He was chairman of Women’s Health Concern from 1980 until 1993, when Dr John Stevenson succeeded him. The Dr Gerald Swyer Memorial Fund was set up in 1995 as a lasting tribute to him.*