

Women's
Health
Concern

BMS
British
Menopause
Society



26th Annual Symposium on Women's Health

Thursday 8 December 2016

The Royal College of Obstetricians & Gynaecologists
Regent's Park, London NW1 4RG

CPD/
CME
6 hours

ACCREDITED BY THE FACULTY OF SEXUAL
AND REPRODUCTIVE HEALTHCARE

Women's Health Concern is the patient arm of the British Menopause Society

About WHC and BMS



www.womens-health-concern.org
Reg Charity No: 279651
Company Reg No: 1432023



www.thebms.org.uk
Reg Charity No: 1015144
Company Reg No: 02759439

Women's Health Concern (WHC) was founded in 1979 and became the patient arm of the BMS in 2012. It provides an independent service to advise, reassure and educate women of all ages about their health, wellbeing and lifestyle concerns.

WHC offers unbiased information – by telephone, email, printed fact sheets, online and through symposia, seminars, meetings and workshops, including *Living and loving well beyond 40...!*

The British Menopause Society (BMS) provides education, information and guidance to healthcare professionals specialising in all aspects of post reproductive health.

This is achieved through an annual programme of lectures, conferences, meetings, exhibitions and our interactive website. We offer a range of publications including our quarterly journal *Post Reproductive Health* and the definitive handbook *Management of the Menopause*.

Our Mission

- To increase awareness of post reproductive healthcare issues
- To promote optimal management through our educational programme, publications and information dissemination

The publication in November 2015 of the NICE Guideline, Menopause: diagnosis and management is leading to a sharper focus on the mid-life medical challenges facing women. And as most British women can expect to live for thirty years or more beyond menopause, the consequences for immediate and longer term healthcare and lifestyle are significant.

Affiliations

The British Menopause Society is a specialist society affiliated to the Royal College of Obstetricians and Gynaecologists and the Faculty of Sexual and Reproductive Healthcare. Working together we have developed theoretical and practical training modules aimed at those healthcare professionals who regularly work in the field of women's health.



British Menopause Society membership is open to healthcare professionals and others specialising in post reproductive health.

Speakers



Mrs Kathy Abernethy
*Chairman Elect,
British Menopause Society,
Associate Director and Senior Nurse
Specialist, Menopause Clinical
& Research Unit, North West London
Hospitals NHS Trust, Northwick Park
Hospital, Harrow, Middlesex*



Miss Joan Pitkin
*Consultant Gynaecologist,
Associate Medical Director &
Director of R&D LNWH-TR Reader
and Head of Year 5 Imperial College*



Dr Heather Currie
*Chairman,
British Menopause Society,
Associate Specialist Gynaecologist
& Obstetrician Dumfries & Galloway
Royal Infirmary, Dumfries*



Professor Janice Rymer
*Professor of Gynaecology,
King's College School of Medicine,
Consultant Gynaecologist, Guy's
and St Thomas' NHS Foundation
Trust, London*



Dr Anusha Dias
*Consultant in Sexual & Reproductive
Healthcare & Psychosexual
Medicine, London North West
Healthcare NHS Trust*



Dr John Stevenson
*Consultant Physician
& Endocrinologist,
Royal Brompton Hospital and
Reader in Metabolic Medicine
at Imperial College London*



Mrs Elaine Stephens
*Senior Menopause Specialist Nurse,
Birmingham Women's Hospital
Administrator, West Midlands
Menopause Society*



Miss Carolynne Vaizey
*Consultant Surgeon,
St Marks Hospital, Harrow*

There will be a **Medical Exhibition** running throughout the day featuring leading pharmaceutical and healthcare companies.

Contact us for sponsorship opportunities (see back page).

Programme

26TH ANNUAL SYMPOSIUM ON WOMEN'S HEALTH

Thursday 8 December 2016, Royal College of Obstetricians & Gynaecologists

0915

Registration, exhibition & coffee

0950

Welcome and introduction

Joint Chairmen: **Dr John Stevenson** and **Miss Joan Pitkin**

1000

Faecal incontinence – how to assess and treat

Miss Carolynne Vaizey

1040

Oestrogen opposition – a fraught pastime

Dr John Stevenson

1120

Refreshments & exhibition

1140

NICE Guideline: Summary, clinical implications and practical prescribing – Real women in the real world and what to do with them

A practical 80 minute session with short lectures and hands-on group work with product and case studies

Chairman: **Dr Heather Currie**

Mrs Kathy Abernethy and

Mrs Elaine Stephens

1300

Lunch & exhibition

1400

Gerald Swyer Memorial Lecture,*

The first flush of youth?

The effects of Premature Ovarian Insufficiency

Professor Janice Rymer

1440

Culture and contraception for young people

Dr Anusha Dias

1520

Refreshments & exhibition

1540

Pelvic floor and the bladder – affecting life, health and sex

Miss Joan Pitkin

1620

Open Forum

Your questions answered on any women's
health and wellbeing issues

Panel chaired by **Miss Joan Pitkin**

1650

Final remarks and close

Miss Joan Pitkin

**The late Dr Gerald Swyer was internationally recognised for his early work on the development of the contraceptive pill; the first endocrine and fertility clinics in London; and his pioneering research on hormone replacement therapy. He was chairman of Women's Health Concern from 1980 until 1993, when Dr John Stevenson succeeded him. The Dr Gerald Swyer Memorial Fund was set up in 1995 as a lasting tribute to him.*

Programme and speakers for the symposium are subject to change.

Meeting information

Royal College of Obstetricians & Gynaecologists,
27 Sussex Place, Regent's Park, London NW1 4RG

Thursday 8 December 2016

Who should attend?

GPs, clinic doctors, gynaecologists, trainees, specialist and practice nurses and anyone allied to the health profession with an interest in women's health.

Registration

Online – Register online through our website via PayPal at:

www.womens-health-concern.org

By post – complete the registration form overleaf and post it – to reach us before Thursday 1 December 2016 – to:

Women's Health Concern, Spracklen House, East Wing, Dukes Place, Marlow, Bucks, UK, SL7 2QH.

Payment is required four working days before the Symposium.

Cheques should be payable to:

British Menopause Society Limited

By telephone – Please call the WHC team on **01628 890199** to book over the phone.

Please book early as space is limited.

Note: Fees are non-refundable.

Travel

Underground: nearest tube station is Baker Street, served by the following lines: Metropolitan, Jubilee, Circle, Bakerloo, Hammersmith & City.

Mainline: Marylebone rail station is a 10-minute walk. Also close by are Paddington, Euston, King's Cross and St Pancras stations.

Buses: Routes 13, 82, 113, 139, 189 and 274 serve the area.

Car parking: NCP car parking is available at Park Road (24-hour).

Short-stay metered parking on Regent's Park Outer Circle.

Accommodation

A list of nearby hotels is available on request.

Exhibition

A Medical Exhibition, including leading pharmaceutical and healthcare companies, will take place throughout the Symposium.

Training Accreditation

CPD and CME Training Plans: delegates will be emailed a certificate which confirms their attendance at the Symposium. The Symposium has been accredited by The Faculty of Sexual & Reproductive Healthcare for 6 hours CPD/CME.

Further Information

Website: **www.womens-health-concern.org**

For registration enquiries

Please contact the WHC team on **01628 890199** or email **admin@bms-whc.org.uk**

Terms and Conditions

Places are only guaranteed upon written confirmation. No refunds are provided. Named substitutions may be made at any time without charge. Cheques must be in sterling drawn on a UK bank account. Acceptance is at the discretion of Women's Health Concern. In the event that Women's Health Concern cancels the meeting, liability will be limited to registration fees already paid to them for the meeting.

Registration form

| | | |
|--|------------|----------------|
| Women's Health Concern Symposium on Women's Health, 8 December 2016 | BMS Member | Non BMS Member |
| General Practitioners, Clinic Doctors, Hospital Doctors | £185 | £230 |
| Nurses / Trainees† | £100 | £130 |

I am a: G.P. Clinic Dr. Hospital Dr. Nurse Trainee† Other Health Professional

Register online: www.womens-health-concern.org

Payment by cheque: I enclose payment of £ _____ by cheque made payable to:

British Menopause Society Limited

Payment by credit* or debit card: I would like to pay by

*Credit and non-UK debit cards incur a £2.50 transaction fee

Visa / Mastercard / Amex / Switch / Delta (please delete as applicable)

Card/Switch Number

Start Date / Expiry Date / Issue No (Switch only)

Card Security Code**

** This is the 3 (or 4 for Amex) digit code in the signature area on the back of your card on the far right hand side.

Cardholder's Signature

† Trainees, please include with your registration an approval letter signed by your head of department or college tutor.

Credit/debit card receipts/statements will show 'British Menopause Society' our parent charity.

Please use a separate sheet to provide the cardholder's name and address, if different from information provided on the form below.

Payment is required 4 working days before the meeting.

Gift Aid Declaration

I wish to make a donation of £ _____ to support the work of WHC. Applying Gift Aid means that for every pound you give, we get an extra 25 pence from the Her Majesty's Revenue and Customs, helping your donation go further. This means that £10 can be turned into £12.50 just so long as donations are made through Gift Aid.

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I want all donations I've made since 6 April 2000 and all donations in the future to be Gift Aided until I notify you otherwise.

(To qualify for Gift Aid, what you pay in income tax or capital gains tax must at least equal the amount we will claim in the tax year).

The information you provide will be held under the Data Protection Act and may be passed to carefully screened sponsors.

If you do not wish to be contacted by them, please tick the box.

Name (as it should appear on your badge/certificate)

PLEASE PRINT CLEARLY

Address Work/Home (please specify)

Town

Postcode

Email

Daytime telephone

Special dietary requirements

Please return this page to: **Women's Health Concern, Spracklen House, East Wing, Dukes Place, Marlow, Bucks, UK, SL7 2QH.**

A donation to support the core services of Women's Health Concern would be much appreciated. You can donate online at www.womens-health-concern.org or via www.justgiving.com/whc. Alternatively you can make a gift aided donation on the day via cheque made payable to British Menopause Society Limited or in cash.



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Sponsorship & exhibitor opportunities

There is a medical exhibition integral to this symposium and other sponsorship opportunities are available.

These range from keynote lecture sponsorship to delegate bag inserts; branded lanyards and badges to sponsored breakout sessions.

For details of packages or to discuss a tailored package call the WHC team: **01628 890199** or email **admin@bms-whc.org.uk**

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