25th Annual Symposium on Women’s Health
Wednesday 4 November 2015

The Royal College of Obstetricians & Gynaecologists
Regent’s Park, London NW1 4RG

CPD/CME 6 hours

ACCREDITED BY THE FACULTY OF SEXUAL AND REPRODUCTIVE HEALTHCARE

Women’s Health Concern is the patient arm of the British Menopause Society
About WHC and BMS

Women’s Health Concern (WHC) became the patient arm of the BMS in 2012. It provides an independent service to advise, reassure and educate women of all ages about their health, wellbeing and lifestyle concerns.

WHC offers unbiased information – by telephone, email, printed fact sheets, online and through symposia, seminars, meetings and workshops, including Living and loving well beyond 40…! and Below the belt…!

The British Menopause Society (BMS) provides education, information and guidance to healthcare professionals specialising in all aspects of post reproductive health.

This is achieved through an annual programme of lectures, conferences, meetings, exhibitions and our interactive website. We offer a range of publications including our quarterly journal Post Reproductive Health and the definitive handbook Management of the Menopause.

Our Mission

• To increase awareness of post reproductive healthcare issues

• To promote optimal management through our educational programme, publications and information dissemination

The challenge of post reproductive health management is increasing.

As most British women can expect to live for 30 years or more beyond menopause, the consequences for immediate and longer term healthcare and lifestyle are significant.

Affiliations

The British Menopause Society is a specialist society affiliated to the Royal College of Obstetricians and Gynaecologists and the Faculty of Sexual and Reproductive Healthcare. Working together we have developed theoretical and practical training modules aimed at those healthcare professionals who regularly work in the field of women’s health.

British Menopause Society membership is open to healthcare professionals and others specialising in post reproductive health.
Speakers

Mrs Kathy Abernethy  
Associate Director and Senior Nurse Specialist, Menopause Clinical & Research Unit, North West London Hospitals NHS Trust, Northwick Park Hospital, Harrow, Middlesex

Miss Gubby Ayida  
Consultant Gynaecologist, Chelsea and Westminster Hospital

Ms Anne Deans  
Consultant Obstetrician & Gynaecologist, Frimley Park Hospital, Surrey

Professor Richard Farmer  
Emeritus Professor of Epidemiology, University of Surrey

Dr John Stevenson  
Consultant Physician & Endocrinologist, Royal Brompton Hospital and Reader in Metabolic Medicine at Imperial College London  
Chairman, Women’s Health Concern

Miss Erika Manzo  
Consultant Obstetrician & Gynaecologist, Hinchingbrooke Hospital, Cambridgeshire

Mr Tim Hillard  
Consultant Gynaecologist, Poole Hospital NHS Trust

Professor Mary Ann Lumsden  
Professor of Medical Education and Gynaecology  
Consultant Gynaecologist, Lead for Reproductive and Maternal Medicine, School of Medicine, University of Glasgow

Miss Erika Manzo  
Consultant Obstetrician & Gynaecologist, Chelsea and Westminster Hospital

There will be a Medical Exhibition running throughout the day featuring leading pharmaceutical and healthcare companies.

Contact us for sponsorship opportunities (see back page).
Programme

25TH ANNUAL SYMPOSIUM ON WOMEN’S HEALTH
Wednesday 4 November 2015, Royal College of Obstetricians & Gynaecologists

0915 Registration, exhibition & coffee

0950 Welcome and Introduction
Chairman: Dr John Stevenson

1000 Female Genital Mutilation
Miss Gubby Ayida

1040 Infertility
Mr Geoffrey Trew

1120 Refreshments & exhibition

1140 Gerald Swyer Memorial Lecture,*
sponsored by Novo Nordisk
Are you up for it? Maintaining Sexual Function after the Menopause
Mr Tim Hillard

1220 Beyond Cancer – Living with induced menopause
Mrs Kathy Abernethy

1300 Lunch & exhibition

*The late Dr Gerald Swyer was internationally recognised for his early work on the development of the contraceptive pill; the first endocrine and fertility clinics in London; and his pioneering research on hormone replacement therapy. He was chairman of Women’s Health Concern from 1980 until 1993, when Dr John Stevenson succeeded him. The Dr Gerald Swyer Memorial Fund was set up in 1995 as a lasting tribute to him.
1400  
**Fibroids and Pelvic Health**, sponsored by Gedeon Richter  
Chairman: **Mr Eddie Morris**  
Ms Anne Deans  
Miss Erika Manzo

1440  
**Ovarian Cancer and HRT**  
**Professor Richard Farmer**

1520  
**Refreshments & exhibition**

1540  
**NICE Guideline**  
**Menopause: Diagnosis and management**  
Chair: **Miss Sara Moger**  
Chief Executive: The British Menopause Society  
**Professor Mary Ann Lumsden**  
Chair: NICE Guideline Development Committee

1620  
**Open Forum: Your questions answered on any women’s health and wellbeing issues**  
A Primary Care Panel chaired by **Dr John Stevenson**

1650  
**Final remarks and Close**  
**Dr John Stevenson**

Programme and speakers for the symposium are subject to change.
Meeting information

Royal College of Obstetricians & Gynaecologists
Regent’s Park, London NW1 4RG

Wednesday 4 November 2015

Who should attend?
GPs, clinic doctors, gynaecologists, trainees, specialist and practice nurses and anyone allied to the health profession with an interest in women’s health.

Registration
Online – with credit/debit card. Register on the website via secure transaction at

www.womens-health-concern.org

By post – complete the registration form overleaf and post it – to reach us before 28 October 2015 – to: Women’s Health Concern, Ground Floor, East Wing, Spracklen House, Dukes Place, Marlow, Bucks, UK, SL7 2QH.

Payment is required four working days before the Symposium.

Cheques should be payable to:
British Menopause Society Limited

By telephone – Please call the WHC team on 01628 890199 to book over the phone. Please book early as space is limited. Note: Fees are non-refundable.

Travel
Underground: nearest tube station is Baker Street, served by the following lines: Metropolitan, Jubilee, Circle, Bakerloo, Hammersmith & City.

Mainline: Marylebone rail station is a 10-minute walk. Also close by are Paddington, Euston, King’s Cross and St Pancras stations.

Buses: Routes 13, 82, 113, 139, 189 and 274 serve the area.

Car parking: NCP car parking is available at Park Road (24-hour).

Short-stay metered parking on Regent’s Park Outer Circle.

Accommodation
A list of nearby hotels is available on request.

Exhibition
A Medical Exhibition, including leading pharmaceutical and healthcare companies, will take place throughout the Symposium.

Training Accreditation
CPD and CME Training Plans: delegates will be emailed a certificate which confirms their attendance at the Symposium. The Symposium has been accredited by The Faculty of Sexual & Reproductive Healthcare for 6 hours CPD/CME.

Further Information
Website: www.womens-health-concern.org

For registration enquiries
Please contact the WHC team on 01628 890199 or email admin@bms-whc.org.uk

Terms and Conditions
Places are only guaranteed upon written confirmation. No refunds are provided. Named substitutions may be made at any time without charge. Cheques must be in sterling drawn on a UK bank account. Acceptance is at the discretion of Women’s Health Concern. In the event that Women’s Health Concern cancels the meeting, liability will be limited to registration fees already paid to them for the meeting.
Registration form

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<tr>
<th></th>
<th>BMS Member</th>
<th>Non BMS Member</th>
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<tbody>
<tr>
<td>General Practitioners, Clinic Doctors, Hospital Doctors</td>
<td>£185</td>
<td>£230</td>
</tr>
<tr>
<td>Nurses / Trainees†</td>
<td>£100</td>
<td>£130</td>
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I am a: G.P. [ ] Clinic Dr. [ ] Hospital Dr. [ ] Nurse [ ] Trainee† [ ] Other Health Professional [ ]

Register online: [www.womens-health-concern.org](http://www.womens-health-concern.org)

**Payment by cheque:** I enclose payment of £__________ by cheque made payable to:

**British Menopause Society Limited**

**Payment by credit* or debit card:** I would like to pay by

Visa / Mastercard / Amex / Switch / Delta *(please delete as applicable)*

Card/Switch Number ____________________________

Start Date _______/_______ Expiry Date _______/_______ Issue No (Switch only) ______/

Card Security Code** ____________________________

Cardholder’s Signature ____________________________

* Credit and non-UK debit cards incur a £2.50 transaction fee
** This is the 3 (or 4 for Amex) digit code in the signature area on the back of your card on the far right hand side.

Credit/debit card receipts/statements will show ‘British Menopause Society’ our parent charity.
Please use a separate sheet to provide the cardholder’s name and address, if different from information provided on the form below.
Payment is required 4 working days before the meeting.

**Gift Aid Declaration**

I wish to make a donation of £__________ to support the work of WHC. Applying Gift Aid means that for every pound you give, we get an extra 25 pence from the Her Majesty’s Revenue and Customs, helping your donation go further. This means that £10 can be turned into £12.50 just so long as donations are made through Gift Aid.

[ ] I want all donations I’ve made since 6 April 2000 and all donations in the future to be Gift Aided until I notify you otherwise.

(To qualify for Gift Aid, what you pay in income tax or capital gains tax must at least equal the amount we will claim in the tax year).

[ ] The information you provide will be held under the Data Protection Act and may be passed to carefully screened sponsors.

If you do not wish to be contacted by them, please tick the box.

Name (as it should appear on your badge/certificate) ____________________________ PLEASE PRINT CLEARLY

Address Work/Home (please specify) ____________________________

Town ____________________________ Postcode ____________________________

Email ____________________________ Daytime telephone ____________________________

Special dietary requirements

Please return this page to: Women’s Health Concern, Ground Floor, East Wing, Spracklen House, Dukes Place, Marlow, Bucks, UK, SL7 2QH.

A donation to support the core services of Women’s Health Concern would be much appreciated. You can donate online at [www.womens-health-concern.org](http://www.womens-health-concern.org) or via [www.justgiving.com/whc](http://www.justgiving.com/whc). Alternatively you can make a gift aided donation on the day via cheque made payable to British Menopause Society Limited or in cash.
Sponsorship & exhibitor opportunities
There is a medical exhibition integral to this symposium and other sponsorship opportunities are available.

These range from keynote lecture sponsorship to delegate bag inserts; branded lanyards and badges to sponsored breakout sessions.

For details of packages or to discuss a tailored package call the WHC team: 01628 890199 or email admin@bms-whc.org.uk