

Programme

27th Annual Symposium on women's health

Friday 1 December 2017, Royal College of Obstetricians and Gynaecologists

0915 Registration, exhibition & coffee

0945 Welcome and introduction

Sara Moger

CEO, British Menopause Society

Chairman: **Dr John Stevenson**

Consultant Physician and Endocrinologist, Royal Brompton Hospital
and Reader in Metabolic Medicine at Imperial College London

0955 Vulval symptoms – a practical approach to the patient

Dr Fiona Lewis

Consultant Dermatologist, St John's Institute of Dermatology, Guy's & St Thomas'
NHS Trust, London and Frimley Health NHS Trust, Wexham Park

1030 Dietary advice for women that actually works

Nigel Denby

Dietitian, WomanKind Healthcare, London

1105 Refreshments and exhibition

1130 Cognitive Behaviour Therapy

Professor Myra S Hunter

Emeritus Professor of Clinical Health Psychology, Institute of Psychiatry,
Psychology and Neuroscience, King's College, London

1205 Familial breast and ovarian cancers: the impact of hormones

Dr Jude Hayward

GPwSI in Genetic, the Yorkshire Regional Genetics Service, Leeds

1240 Lunch and exhibition

1340 Women's Health Café:

A practical 90-minute session, comprising hands-on group work and case studies

Facilitators:

Kathy Abernethy Chairman, British Menopause Society, Associate Director and Senior Nurse Specialist, Menopause Clinical & Research Unit, North West London Hospitals NHS Trust, Northwick Park Hospital, Harrow, Middlesex

Dr Heather Currie Associate Specialist Gynaecologist & Obstetrician
Dumfries & Galloway Royal Infirmary, Dumfries

Mrs Elaine Stephens Senior Menopause Specialist Nurse,
Birmingham Women's Hospital; Administrator, West Midlands Menopause Society

Dr Jane Woyka GP Associate Specialist, Menopause Unit, Northwick Park
and St Mark's Hospital, Harrow

1510 Refreshments and exhibition

1535 Women's health: a view from the quarterdeck

Surgeon Lieutenant Commander Tom Stevenson Royal Navy
Orthopaedic Registrar, Institute of Naval Medicine, Gosport

1605 Gerald Swyer* Memorial Lecture

Chairman: **Mr Tim Hillard**
Consultant Gynaecologist, Poole Hospital NHS Trust

Back to the future with HRT
Dr John Stevenson

1640 Final remarks and close

Dr John Stevenson

Please note, sessions and speakers may be subject to change. This meeting is financially supported in part by the pharmaceutical industry through sponsorship but it has no influence over the meeting agenda.

**The late Dr Gerald Swyer was internationally recognised for his early work on the development of the contraceptive pill; the first endocrine and fertility clinics in London; and his pioneering research on hormone replacement therapy. He was chairman of Women's Health Concern from 1980 until 1993, when Dr John Stevenson succeeded him. The Dr Gerald Swyer Memorial Fund was set up in 1995 as a lasting tribute to him.*