NICE Menopause Guideline: from publication to practice

BMS 26th Annual Conference
The Royal College of Physicians, London
Thursday 19 and Friday 20 May 2016
Join us
for discounted delegate rates at our annual conference

Women’s Health Concern (WHC) is the patient arm of the BMS
We provide an independent service to advise, reassure and educate
women of all ages about their health, wellbeing and lifestyle concerns.
Go to: www.womens-health-concern.org
• For easy access to cost effective confidential email and
telephone advice from specialist nurses and doctors
• For a wide range of factsheets and leaflets, including
our new series: Menopause. Giving you confidence for
understanding and action.

The British Menopause Society (BMS) educates, informs
and guides healthcare professionals in all aspects of post
reproductive health.
Go to: www.thebms.org.uk
• To check out our meetings programme for dates, locations
and topics that suit your needs.
The NICE Guideline Diagnosis and Management of the Menopause
published November 2015, will feature prominently throughout 2016.

No joining fee. Annual subscriptions are £75 for trainees; £80 for nurses;
£105 for doctors and £160 for Practice membership

Benefits of membership:
Our members enjoy a wide range of benefits, which include:
• Direct access to our medical advisory council
• A copy of Post Reproductive Health, the journal of the
British Menopause Society, delivered quarterly
• Copies of all BMS publications at discounted rates
• Preferential registration rates for the BMS Conference —
the largest annual menopause conference in Europe
• Discounted rates for other BMS and WHC meetings
• Exclusive access to the BMS website members’ area which includes
a members’ forum and topical and current research papers and articles.

Individual and practice membership is open to doctors, nurses, other health
professionals and the health care industry, in the UK and overseas.

Join online www.thebms.org.uk
or contact the office on +44 (0)1628 890 199 | admin@bms-whc.org.uk

The British Menopause Society is a specialist society affiliated to the Royal College of Obstetricians
and Gynaecologists and the Faculty of Sexual and Reproductive Healthcare. Working together we
have developed theoretical and practical training modules aimed at those healthcare professionals
who regularly work in the field of women’s health.
Dear Colleague,

**NICE Menopause Guideline: from publication to practice**
*British Menopause Society 26th Annual Conference*

I am writing to invite you to join us at the British Menopause Society two day 26th annual conference.

In November 2015 the NICE Guideline on Menopause: diagnosis and management was published. This Guideline produced high-quality analysis of the available evidence with the aim of developing standards of care and also recommended systems for the delivery of that care. The BMS was, of course, a stakeholder in the process and we were fortunate that past chairmen and other members of the Society served on the Guideline Development Committee.

This year’s annual conference programme has therefore been designed with the Guideline publication in mind. It will provide a comprehensive range of lectures and workshops to refresh and broaden your knowledge and to give you the confidence to manage the menopause in the way you feel is best.

The Programme Planning Group, chaired by Mr Tim Hillard, has produced an excellent line-up including **NICE Guidance: the key messages; Middle years – the public perspective?** and a Society for Endocrinology invited session.

We are delighted to welcome Professor Pauline Maki from the University of Illinois, Chicago, USA, who is delivering the BMS Annual Lecture: **Memory and attention in midlife women** and Professor Rogerio A Lobo from the Columbia University College of Physicians & Surgeons in New York City, USA who will give the Pat Patterson Memorial Lecture: **The timing hypothesis of HRT**.

The full programme is shown on pages 4–7.

The debate is: **This House believes that the combined oral contraceptive pill is a better initial option for treating young women with premature ovarian insufficiency.**

There will also be the results of the BMS PR Campaign **Did you know…? Women’s survey** plus the ever popular Menopause Café.

We are delighted to be staging the conference at the Royal College of Physicians. The Lasdun Building, an impressive Grade I listed building in Regent’s Park, has been home to the RCP since 1964. It is considered to be the most successful creation of renowned architect Sir Denys Lasdun, who was awarded the Trustees Medal of the Royal Institute of British Architects in recognition of his work.

The museum collections are the result of centuries of gift-giving by RCP fellows and members. William Harvey, (1578-1657) – who discovered the circulation of blood – donated his own library and collections to the RCP in 1656 creating the Musaeum Harveianum – possibly the earliest named ‘museum’ in England.

The RCP’s medicinal garden dates back to 1965. It was extensively replanted by Mark Griffiths in 2005-6, thanks to a grant from the Wolfson Foundation. Head Gardener, Jane Knowles, has expanded the number of plants and there are now over 1,300 from the history of medicine.

This is the first time the annual conference has been held in London – at the request of our members – and we hope that you enjoy being in the heart of the capital.

I look forward to meeting you and to a productive and enjoyable conference.

With best wishes

Heather Currie
Chairman, BMS
An educational meeting to bring you up to date with the latest NICE Guidance on diagnosis and management of the menopause and all aspects of post reproductive health.

Presented by leading experts from the UK and internationally.

Who should attend?

Academics
Dieticians
General Practitioners
Gynaecologists
Nutritionists
Pharmacists
Physiotherapists
Practice Nurses
Specialist Nurses
Trainees

plus those allied to the health profession who have an interest in post reproductive health, from the UK and overseas. This includes senior representatives from the Department of Health, NHS, Charities and Patient Groups involved with Women’s Health.

Programme Planning Group

Mr Tim Hillard and the Programme Planning Group has put together a comprehensive and varied programme to include keynote lectures, oral and poster presentations and breakout sessions.

Mr Tim Hillard – Chairman
Past Chairman of the British Menopause Society, Consultant Gynaecologist, Poole

Miss Melanie Davies
Consultant Obstetrician & Gynaecologist, University College Hospital, London Co-Director, National Collaborating Centre for Women’s & Children’s Health

Dr Marian Everett
Consultant in Sexual & Reproductive Health, Hull

Mr Haitham Hamoda
Consultant Gynaecologist Subspecialist in Reproductive Medicine & Surgery, Kings College Hospital, London

Miss Annie Hawkins
Consultant Obstetrician & Gynaecologist, Queen Alexandra Hospital, Portsmouth

Miss Debra Holloway
Gynaecology Nurse Consultant, Guy’s & St Thomas’ NHS Foundation Trust, London

Mr Nick Panay
Consultant Gynaecologist Queen Charlotte’s and Chelsea & Westminster Hospitals, London

Dr Imogen Shaw
General Practitioner, Finchingfield, Essex.
The British Menopause Society (BMS) provides education, information and guidance to healthcare professionals specialising in all aspects of post reproductive health.

This is achieved through an annual programme of lectures, conferences, meetings, exhibitions and our interactive website. We offer a range of publications including our quarterly journal *Post Reproductive Health* and the definitive handbook *Management of the Menopause*.

Women’s Health Concern (WHC) became the patient arm of the BMS in 2012. It provides an independent service to advise, reassure and educate women of all ages about their health, wellbeing and lifestyle concerns.

WHC offers unbiased information – by telephone, email, printed fact sheets, online and through symposia, seminars, meetings and workshops, including *Living and loving well beyond 40…!* and *Below the belt …!*  

**About the BMS**

**Our Mission**
- To increase awareness of post reproductive healthcare issues
- To promote optimal management through our educational programme, publications and information dissemination

The challenge of post reproductive health management is increasing. As most British women can expect to live for 30 years or more beyond menopause, the consequences for immediate and longer term healthcare and lifestyle are significant.

**British Menopause Society membership is open to healthcare professionals and others specialising in post reproductive health.**

**Affiliations**
The British Menopause Society is a specialist society affiliated to the Royal College of Obstetricians and Gynaecologists and the Faculty of Sexual and Reproductive Healthcare. Working together we have developed theoretical and practical training modules aimed at those healthcare professionals who regularly work in the field of women’s health.
Morning session

**0830**  Registration, refreshments and exhibition

**0900**  Welcome & Introduction  
Mr Tim Hillard  
*Consultant Gynaecologist, Poole*

**Session 1**  **0905-0925**  Hot off the press  
Dr Heather Currie  
*Chairman, British Menopause Society, Associate Specialist Gynaecologist & Obstetrician, Dumfries & Galloway Royal Infirmary, Dumfries*

**Session 2**  **0925-1040**  Nice Guidance – the key messages  
Chairman: Professor Mary Ann Lumsden  
*Professor of Medical Education and Gynaecology, Consultant Gynaecologist, Lead for Reproductive & Maternal Medicine, School of Medicine, University of Glasgow*

**0925-0945**  Diagnosis  
Miss Melanie Davies  
*Consultant Obstetrician & Gynaecologist, University College Hospital, London, Clinical Co-Director, National Collaborating Centre for Women's and Children's Health*

**0945-1005**  Premature Ovarian Insufficiency  
Mr Haitham Hamoda  
*Consultant Gynaecologist, Subspecialist in Reproductive Medicine & Surgery, King's College Hospital, London*

**1005-1025**  Treatments  
Mr Eddie Morris  
*Immediate Past Chairman, British Menopause Society, Consultant Gynaecologist, Norfolk & Norwich University Hospital, Norwich*

**1025-1040**  Discussion

**1040-1110**  Refreshments, Posters & Exhibition

**Session 3**  **1110-1155**  The BMS Lecture sponsored by Novo Nordisk  
Chairman: Dr Heather Currie  
Memory and attention in midlife women  
Professor Pauline Maki  
*Professor of Psychiatry and Psychology, University of Illinois, Chicago, USA*

**Session 4**  **1155-1310**  Putting risks in perspective  
Chairman: Mr Tim Hillard

**1155-1215**  What are the risks of HRT?  
Professor Rebecca Hardy  
*Professor of Epidemiology & Medical Statistics, Programme Leader for MRC Unit for Lifelong Health & Ageing, University College, London*

*Speakers subject to confirmation*
**Session 4**  
1215-1235 **Assessing risk in clinical practice**  
Professor Mary Ann Lumsden  

1235-1255 **Future research requirements**  
Mr Nick Panay  
*Consultant Gynaecologist*  
*Queen Charlotte’s and Chelsea & Westminster Hospitals, London*  

1255-1310 **Discussion**

**1310-1410 Standing fork buffet lunch, Posters & Exhibition**

**Afternoon session**

**Symposium**  
1410-1455 **Symposium sponsored by Bayer**  
**IUS offers more than contraception**  
- Effective management of heavy menstrual bleeding (HMB)  
- Endometrial protection (EP) during HRT  
Dr Diana Mansour  
*Consultant in Community Gynaecology & Reproductive Healthcare, Head of Sexual Health Services, Newcastle Hospitals Community Health*

**Session 5**  
1455-1555 **Free communications**  
Oral presentations

**1555-1625 Refreshments, Posters & Exhibition**

**Session 6**  
1625-1640 **BMS PR campaign**  
Dr Heather Currie  
Sara Moger  
*Chief Executive, British Menopause Society*

**Session 7**  
1640-1725 **Debate**  
The combined oral contraceptive pill is a better initial option for treating young women with premature ovarian insufficiency  
Chairman: Mr Haitham Hamoda  
For: Dr Diana Mansour  
Against: Professor Janice Rymer  
*Professor of Gynaecology, King’s College School of Medicine, London, Consultant Gynaecologist, Guy’s and St Thomas’ NHS Foundation Trust, London*

Speakers subject to confirmation

**1725 Close of Day One**

**1730-1800 AGM**

**1915 Reception**

**1945 Conference Dinner**
# Day Two

## Morning session

**0815** Registration, refreshments and exhibition

### Session 8 0900-1015 ‘Middle years’ – the public perspective?

**Joint chairmen:** Miss Alison Wright  
*Consultant Obstetrician & Gynaecologist, Royal Free Hospital, London*  
Mrs Kathryn Colas  
*Founder, Simply Hormones*

**0900-0920 What do women want?**

**Ms Cath Broderick**  
*Chair, Royal College of Obstetricians & Gynaecologists, Women's Network*

**0920-0940 Menopause in the workplace**

**Professor Amanda Griffiths**  
*Division of Psychiatry and Applied Psychology, School of Medicine, Institute of Mental Health, University of Nottingham*

**0940-1000 BMS IPSOS MORI Poll**

- What do women know about the menopause?
- What do women think about HRT?
- Has primary care practice and approach changed post NICE?

**Dr Heather Currie** *Chairman BMS*  
**Sara Moger** *Chief Executive BMS*

### 1000-1015 Discussion

### Session 9 1015-1050 The Pat Patterson Memorial Lecture

**Chairman:** Mr Nick Panay  
**The timing hypothesis of HRT**

**Professor Rogerio A Lobo**  
*Professor of Obstetrics & Gynecology and Fellowship Director, Columbia University College of Physicians & Surgeons, Columbia Presbyterian Medical Center, York City, USA*

### 1050-1120 Refreshments, Posters & Exhibition

### Session 10 1120-1240 Joint session with the Society for Endocrinology

**Joint chairmen:** Professor Simon HS Pearce  
*Professor of Endocrinology, Institute of Genetic Medicine, International Centre for Life, Newcastle University*  
**Dr John Stevenson**  
*Consultant Physician & Endocrinologist, Royal Brompton Hospital and Reader in Metabolic Medicine, Imperial College, London*

**1120-1140 Mild hypothyroidism: to treat or not to treat?**

**Professor Bijay Vaidya**  
*Consultant Endocrinologist & Honorary Clinical Professor, Royal Devon & Exeter Hospital*

**1140-1200 Vitamin D: what’s normal and role in osteoporosis prevention**

**Dr Neil Gittoes**  
*Consultant Endocrinologist & Specialist in Osteoporosis, Queen Elizabeth Hospital, Birmingham*
Day Two  
Friday 20 May 2016

Session 10  1200-1220  Non-Menopausal causes of flushing and sweating  
Dr Richard Quinton  
Consultant Physician & Endocrinologist, Royal Victoria Infirmary, Newcastle upon Tyne

1220-1240  Discussion

1240-1340  Standing fork buffet lunch, Posters & Exhibition

Afternoon session

Symposium  1340-1425  Symposium sponsored by Mylan  
**You, me and HRT**  
Dr Sarah Gray  
General Practitioner Specialist, Truro, Cornwall

Session 11  1425-1605  Menopause Café  
**Osteoporosis – assessment of risk and management in menopausal women**  
Mr Haitham Hamoda  
Dr Caje Moniz  
Clinical Lead for Osteoporosis, Metabolic Bone Disease & Pagets,  
Head of Department for Clinical Biochemistry and Blood, King's College Hospital, London

**Contraception in the peri-menopause**  
Dr Marian Everett  
Consultant in Sexual & Reproductive Health, Hull  
Mrs Elaine Stephens  
Menopause Clinical Nurse Specialist, Birmingham Women's Hospital

**Premenstrual Syndrome**  
Mr Nick Panay  
Ms Annie Hawkins  
Consultant Obstetrician & Gynaecologist, Queen Alexandra Hospital, Portsmouth

**Cognitive Behaviour Therapy**  
Professor Myra Hunter  
Professor of Clinical Health Psychology, Institute of Psychiatry, Psychology & Neuroscience, Guy's Hospital, London  
Dr Melanie Smith  
Clinical Psychologist, Manchester & Salford Pain Centre, Manchester

Session 12  1605-1655  Sex in the afternoon  
Chairman: Dr Marian Everett

1605-1630  What's new in GU?  
Dr Neil Lazaro  
Associate Specialist in GUM & HIV, Royal Preston Hospital

1630-1655  STIs in older women  
Mr Peter Greenhouse  
Consultant in Women’s Sexual Health, Bristol Sexual Health Centre

1655  Prize giving, summary & close  
Mr Haitham Hamoda

Speakers subject to confirmation
The venue
Royal College of Physicians,
11 St Andrews Place, Regent’s Park,
London, NW1 4LE

Located in a stunning setting overlooking Regent’s Park
in the heart of London; the Royal College of Physicians
has created an exceptional conference and events centre.
For over 17 years, the RCP has been offering an award-
winning and highly versatile venue for conferences,
meetings, banquets, training and has a medicinal garden
for outdoor events. The grade 1 listed, modern building
has an atmosphere of space and light, with stylish,
modern architecture and a selection of both old and
new styles to suit all tastes.

Directions

By rail
• Euston station (15 minutes walk)
• King’s Cross and St Pancras stations –
  National and International rail services
  (5 minutes by taxi)
• Marylebone station (5 minutes by taxi)

By underground
• Regent’s Park station on the Bakerloo line
  (5 minutes walk)
• Great Portland Street Station on the Circle,
  Metropolitan and Hammersmith and City lines
  (5 minutes walk)
• Warren Street Station on the Victoria and Northern
  lines (10 minutes walk)

By bus
A - Routes: 18, 27, 30, 205, 453
B - Routes: C2
C - Routes: 18, 27, 30, 205
D - Routes: 18, 27, 30, 205, 453

By car
Easy access via M40 and M1
Car Parking: The College offers free parking
for disabled guests by prior arrangement and
is situated outside the congestion charge
zone. The nearest public car parks
are shown on the map below.
Accreditation
The 26th Annual meeting is accredited by the Faculty of Sexual and Reproductive Healthcare (FSRH) for 12 hours CME/CPD.

Certificate of attendance
An official Certificate of attendance will be emailed after the event for all registered delegates.

Abstracts
This Conference provides a key opportunity for oral or poster presentations on scientific work and research. Full guidelines on Abstract submissions are available with the Conference details at www.thebms.org.uk/meetings.php

Abstracts will be reviewed by the Programme Planning Group and considered for inclusion in the meeting programme. All accepted Abstracts will also be published in Post Reproductive Health, the Journal of the British Menopause Society.

Abstract Deadline: Monday 15 April 2016

Exhibition
There will be a Medical Exhibition running alongside the meeting. See outside back cover.

Accommodation
Melia White House, Albany Street, Regents Park, London, NW1 3UP has set aside a limited number of bedrooms at a reduced rate of £195 (£205 for a double/twin) to include full English breakfast, VAT and wifi. If you would like to reserve overnight accommodation, please follow the online booking instructions on: http://meetings.melia.com/en/BritishMenopauseSociety.html

The BMS allocation of rooms will be reserved until 14 April 2016 and are subject to availability. You may prefer to check the internet for special pricing offers. Please note that we do not have special rates with any other hotels.

Hotels numbered in map opposite
1 Melia White House
2 Holiday Inn Regent’s Park
3 Grange Fitzrovia Hotel
4 Thistle Euston Hotel
5 Novotel Euston

Conference Dinner – Thursday 19 May 2016
Royal College of Physicians
Dress: Black tie/suit

Cost: £65.00 per person
Half a bottle of house wine, soft drinks and filtered water is included. The cost of the dinner is subsidised due to London prices.

1915 Bucks Fizz reception: Osler/Long room
1945 Dinner: Dorchester Library

Menu

Starter
British ham hock terrine with poached baby vegetables
Pickled walnut and red onion chutney, wild rocket and focaccia croute
Char-grilled, marinated peppers (V)
With home-dried cherry tomatoes, warm confit of orange fennel, lavender croutons and balsamic dressing

Main
Pan-fried breast of Norfolk farm chicken
Cornish Chorizo and oven-dried tomato stuffing, garlic and sorrel-mashed potatoes with vegetable ratatouille and basil-infused jus
Forest mushroom and vegetable gateau
Toasted pine kernels and curried cauliflower puree

Dessert
Passion fruit and vanilla parfait
With white chocolate sauce and candied pistachios

Coffee and mints

Please advise of any special dietary requirements at the time of booking.

Full bar facilities (cash bar only) will be available to dinner guests for any additional drinks.
Terms and conditions
All fees must be paid in full, and a registration form completed before the meeting. The BMS reserves the right to refuse admission in the event of non-payment.

If you register on the day of the meeting, please note we can only accept payment by cash or credit/debit card (no cheques or invoices). Delegate places are only guaranteed upon receipt of a completed registration form and registration fee.

All cancellations must be received in writing. It is the responsibility of the delegate to ensure that the BMS has been notified a minimum of four weeks before the conference. Name substitutions can be made at any time without charge.

e-mail admin@bms-whc.org.uk

We regret that refunds cannot be issued on cancellations received less than four weeks before the conference.

No refund will be made for non-attendance. In the event the BMS cancels the meeting, liability will be limited to registration fees already paid to the Society for the Conference.

Registration

Online registration:
Register via secure transaction online at http://www.thebms.org.uk/meetings.php

Postal registration
Please complete the registration form and return it with your credit/debit card details or a cheque made payable to: British Menopause Society Limited

26th Annual Meeting
British Menopause Society
East Wing
Spracklen House
Dukes Place
Marlow
Bucks SL7 2QH
United Kingdom

Further information
Website: www.thebms.org.uk

Email: admin@bms-whc.org.uk

Telephone the office on +44 (0)1628 890 199
Registration form

Please complete both sides of the form and return to the BMS. Please use a separate sheet to provide the credit card holder’s name and address, if different from information provided on the form below.

Name (as it should appear on your badge/certificate). Please print clearly.

Address: Work/Home (please specify)

Daytime telephone

Email address

Special dietary requirements

How did you hear about the BMS Annual Conference?

Please indicate your profession:

Consultant  ☐  GP  ☐  Nurse  ☐  Trainee  ☐

Other health professional*  ☐  Pharmaceutical industry*  ☐

* Please specify

☐ I would like to continue to receive relevant information and correspondence from the British Menopause Society and carefully selected partners (please tick)

☐ I would like to receive information regarding membership of the British Menopause Society (please tick)
BMS Member Please tick appropriate box
Both days Thursday/Friday 19 & 20 May 2016
Nurse £285 □ Doctor/Other £360 □ GP Trainees and O&G Trainees £199† □

Non-BMS Member Please tick appropriate box
Both days Thursday/Friday 19 & 20 May 2016
Nurse £350 □ Doctor/Other £430 □ GP Trainees and O&G Trainees £225† □

One day only Please tick appropriate box
BMS Member £215 □ Thursday 19 May or Friday 20 May □
Non-BMS Member £245 □ Thursday 19 May or Friday 20 May □
GP Trainees and £150 □ Thursday 19 May or Friday 20 May □
O&G Trainees†

I would like to attend the Lunchtime symposium sponsored by Bayer at 1410 on Thursday 19 May □
I would like to attend the Lunchtime symposium sponsored by Mylan at 1340 on Friday 20 May □

Conference Dinner – Thursday 19 May 2016
Number of tickets required @ £65.00pp □ Total cost: £

Dietary requirements for supper and meeting please tick appropriate box
Vegetarian □ Vegan □ Other □
Please specify:
Registration fee: £ □ + Conference Dinner: £ □ + Donation*: £ □

Method of payment
Receipts and acknowledgements will be issued prior to the event.
Payment by cheque:
I enclose payment of £ □ by cheque made payable to: British Menopause Society Limited
Paying by credit card or non-UK debit cards will incur a transaction fee of £2.50, to cover the card company’s surcharge plus administration/processing. There is no transaction fee when paying by UK debit card.
Payment by credit or debit card: I would like to pay by: Visa | Mastercard | Amex | Switch | Delta
(please delete as applicable)
Number □□□□□□□□ Security code* □□□□□□ Issue No. □ (Switch only)
*This is the 3 digit code in the signature area on the back of your card (or 4 digits for Amex on the front of card).
Name on card □□□□□□□□ Card holder’s signature

Please use a separate sheet to provide the cardholder’s name and address, if different from information provided on the form above. Please complete both sides of form and return to the BMS at the address on page 10.

Gift Aid Declaration
As a Registered Charity, the British Menopause Society can reclaim 25p of tax on every £1 you donate. Note: This does not apply to Practice or Company payments.
I would like the BMS to Gift Aid my donation □ for this donation only □ for this and all future gifts.

Signature □□□□□□□□ Print name □□□□□□□□ Postcode □□□□□□□□ Date □

The information you provide will be held securely under the Data Protection Act 1998 and may be passed to carefully screened companies or sponsors.
If you do not wish to be contacted by them, please tick this box □

† Please accompany your registration with a letter of approval signed by your head of department or college tutor
**BMS Women’s Health Meetings 2016**

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<thead>
<tr>
<th>Date</th>
<th>Location</th>
<th>Type of meeting</th>
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<tr>
<td>Wednesday 20 April</td>
<td>King’s College Hospital, London</td>
<td>One-day</td>
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<td>Wednesday 7 September</td>
<td>Glasgow</td>
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<tr>
<td>Thursday 22 September</td>
<td>Newmarket</td>
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<tr>
<td>Wednesday 19 October</td>
<td>Chelsea &amp; Westminster Hospital, London</td>
<td>One-day</td>
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<tr>
<td>Wednesday 9 November</td>
<td>Leeds</td>
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**Joint Faculty of Sexual & Reproductive Healthcare/ BMS Special Skills Module in Menopause Care**

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<th>Date</th>
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<tbody>
<tr>
<td>Thursday 10 - Friday 11 March</td>
<td>Kenilworth</td>
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<tr>
<td>Thursday 9 - Friday 10 June</td>
<td>Horley</td>
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<td>Thursday 6 - Friday 7 October</td>
<td>Leeds</td>
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**Women’s Health Concern Symposium**

<table>
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<th>Date</th>
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<tr>
<td>Thursday 8 December</td>
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**Joint Royal College of Obstetricians & Gynaecologists/ BMS Advanced Training Skills Module in Menopause Care**

<table>
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<th>Date</th>
<th>Location</th>
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<tr>
<td>Tuesday 15 - Wednesday 16 November</td>
<td>RCOG, London</td>
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*Reduced delegate rates for BMS members.*

For details on membership please contact the BMS team:

Email: [admin@bms-whc.org.uk](mailto:admin@bms-whc.org.uk) or telephone: +44 (0)1628 890 199

For further details please visit [www.thebms.org.uk](http://www.thebms.org.uk)
NICE Menopause Guideline: from publication to practice
26th Annual Conference
The Royal College of Physicians, London
Thursday 19 and Friday 20 May 2016

Sponsorship & exhibitor opportunities
There is a medical exhibition integral to this two-day conference and other sponsorship opportunities are available.

These range from keynote lecture sponsorship to delegate bag inserts; branded lanyards and badges to sponsored breakout sessions.

For details of packages or to discuss a tailored package call:
+44 (0)1628 890199 or email admin@bms-whc.org.uk

“All presentations excellent and very relevant to my work.”
GP delegate – BMS Annual Conference, 2015

“Every lecture was captivating. The two days have gone so quickly and I have learnt such a lot + networking Amazing research being done. Looking forward to London.”
GP delegate – BMS Annual Conference 2015

“Good varied seminars - interesting and entertaining.”
Delegate – BMS Annual Conference 2015

Some photographs in this programme were taken at the BMS Conference at Wroughton 2015.

British Menopause Society
East Wing, Spracklen House, Dukes Place,
Marlow, Bucks, UK SL7 2QH

Website: www.thebms.org.uk
Email: admin@bms-whc.org.uk
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