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WELCOME TO WOMENS-HEALTH-CONCERN.ORG

Women's Health Concern 'Focus on', series

- Cervical cancer
- The menopause
- Diet, nutrition and the menopause
- Osteoporosis
- Sex after the menopause
- Urogenital problems
- Vaginal dryness

The stated aim of the Women's Health Concern website is "to provide an independent service to advise, reassure and educate women about their health concerns, to enable them to work in partnership with their own medical practitioners and health adviser". An alternative could be "everything you wanted to know about women's health, but did not have the time to ask".

Rather than choosing a specific topic to discuss, this site covers all aspects of women's health and in quite a lot of detail. The result is a comprehensive resource offering a wealth of information to read or download. Fact sheets are available, while links to other resources and sites are readily accessible.

Each fact sheet is detailed and contains further sources of information. With a strong medical and nursing advisory board, you can be sure the information is accurate and up to date. The sheer number of topics covered means that it is easy to get side-tracked on this website – there is always something else just waiting to be accessed.

TOPICS AND CONTENT

Abortion, breast cancer, bacterial vaginosis, cervical cancer, complementary therapies, cystitis, endometriosis, fibroids, HRT, hysterectomy, ovarian cysts, polycystic ovary, PMS, prolapse and thrush are just some of the topics covered. A 'Focus on', series provides in-depth reviews of featured gynaecological or sexual health problems. There is an alphabetical index but the ability to search for a topic would be helpful. A newly developed section, 'frequently asked questions', so far covers only the menopause, HRT, bacterial vaginosis and fibroids, but will hopefully expand soon to include other topics.

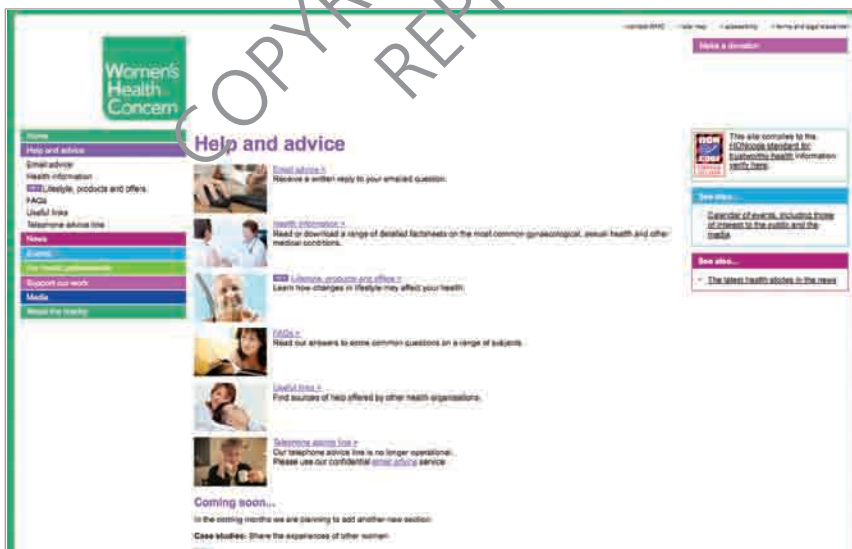
The best kept secret of this site is this: as well as the web information, the charity offers a nurse advisory service. Women can email questions to be answered by a real women's health nurse within 48 hours in return for a small online donation. As healthcare professionals, we like to believe that we can offer all the information our clients need. In reality, many women want to check out our information with other specialists and see if there are other options not mentioned. For women, it is a real advantage to be able to access a women's health nurse personally by email. This is not something offered by many other sites.

BECOMING A 'FRIEND'

Aimed primarily at women, the Women's Health Concern site includes a small section for health professionals, mainly a list of upcoming meetings relevant to women's health. The charity also runs its own conferences for health professionals to attend.

For a small fee, practice nurses can register as a 'Friend of WHC' and receive email updates and access health professional support by email, as well as a regular newsletter. This is an excellent way of supporting the work of this charity and helps nurses stay up to date.

For women, this site offers clear and consistent information about a wide range of women's health topics, all written by UK specialists – to be recommended.



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